# Mountain Kids Session Calendar



Please note the Session Dates as they differ from month to month!

Session 5: Jan 8- Jan 27 3 weeks

### January 2024 10 11 12 13 15 16 17 18 19 20 22 23 24 25 26 27 28 29 30 31

Holiday Break Camp Jan 2-5 CLOSED Dec 24-Jan 7- Winter Break Session 6: Jan 29-Feb 24 4 weeks

February 2024								
S	M	Т	W	Т	F	S		
				1	2	3		
4	5	6	7	8	9	10		
11	12	13	14	15	16	<b>17</b>		
18	19	20	21	22	23	24		
25	26	27	28	29				

Day Camp Registration begins Feb 1st

Session 7: Feb 26-Mar 31 4 weeks

March 2024

•	IVI	Т	W	Т	F	S
					1	2
3	4	5	6	7	8	9
10 1	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	<b>27</b> :	28	29	30

Swim Registration begins March 1st **CLOSED March 10-17-Spring Break** 

Session 8: April 1-27 4 weeks

April 2024									
S	M	Т	W	Т	F	S			
31	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	<b>17</b>	18	19	20			
21	22	23	24	25	26	<b>27</b>			
28	29	30							

### **SUMMER SESSIONS**

Session 9: Apr 29-May 25 4 weeks

#### May 2024 W 9 10 11 15 16 17 18 21 22 23 24 25

26 27 28 29 30 31

Dance Recital May 20, 21st **CLOSED May 27 - Memorial Day CLOSED May 27-June 2 Summer Break**  Session 10: June 3-July 3 5 weeks

	June 2024						
S	M	Т	W	Т	F	S	
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2	3	4	5	6	7	8	
9	10	11	<b>12</b>	13	14	15	
16	<b>17</b>	18	19	20	21	22	
23	24	25	26	27	28	29	

Summer classes begin June 3 Day Camp begins June3

**July 2024** 15 16 17 18 19 20 22 23 24 25 26 27 28 29 30 31

CLOSED July 4th 5th & 6th - Holiday

FALL Registration begins July 22<sup>nd</sup>

Session 11: July 8-Aug10 5 weeks

		TUE	,				
S	M	Т	W	Т	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	1/	15	16	17	
	12	13		13	10	17	
	19						
18		20	21	22	23	24	

August 2024

**CLOSED for Fall Break Aug 11-18** 2024 FALL Classes begin Aug 19th

Preschool begins Aug 19th 2024



















## Mountain Kids ..... A Great Place to GROW!!

<u>Gymnastics</u>: Since 1976 our mission has been to provide a great foundation for kids of all ages to develop strength, flexibility, balance, spatial awareness, and confidence through professional gymnastics training.

- Walking to age 3: Moonbeamer classes offer a structured opportunity for toddlers to explore the gym with a parent by their side.
- Ages 3-5: Rainbow Rider classes give kids a fun introduction to gymnastics.
- School age: **Gymstar** classes provide kids of all levels the opportunity to actively work on their gymnastics skills in a fun structured and safe environment. We focus on the fundamentals in order to progress up to higher levels.



<u>Dance</u>: Since 1986 it has been our goal to develop well-rounded dancers in artistic excellence. Ages 3- adult. Our dance program offers creative movement, pre-ballet, classical ballet, jazz, tap, modern, hip hop and more!



<u>Preschool</u>: Established in 1986. We pride ourselves on our academic preschool for 3 to 5 year olds. We offer a 2-day program for 3-year-olds, and a 3 or 5 day program for 4 to 5 year olds. Our 5 day a week class that is geared towards providing that little extra for kids heading into kindergarten. A weekly gymnastics class is built into the program.



Ninja Zone: Established in 2016 Ninja Zone Ninja classes feature a discipline inspired from Obstacle Course Training, Gymnastics, Martial Arts and more! For kids aged 3-10.



<u>Cheers</u> Our cheer program aims to provide a fun environment for kids to learn how to stunt, tumble, jump and more! Ages 5 and up are welcome! The goal of our cheer program is to introduce young kids to the sport of cheerleading and build strong, well rounded athletes!



Warm Ups Coffee & Clothing: Our shop offers dance and gymnastics clothing, as well as a full menu of coffee, espresso, tea, smoothies and snacks.



<u>Birthday Parties</u>: Birthday parties at Mountain Kids feature an hour of organized fun in the gym including a giant obstacle course and more! Gym time is followed by time in the party loft for cake & presents! \*Parties offered on Saturdays and Sundays



wimming.

<u>Warm Water Swimming:</u> Lessons take place in our shallow, warm, salt-water teaching pool. Classes run in two week sessions from June through August.

- Splash classes offer a structured opportunity for kids ages 6 months to age 3 years to explore the water with a parent.
- Wave Rider (ages 3-5) & Swim Star (ages 6-12) classes give kids a fun , positive learning experience. Beginning to advanced levels.

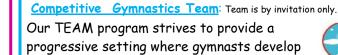
<u>Summer Day Camp</u>: Since 1986, we have offered a variety of summer activities for kids aged 5-12. Day camp includes: Swimming lessons daily, weekly free-swim, gymnastics classes, numerous field trips, arts and crafts, science, and lots of outdoor summer FUN!



Performance Dance Companies: Company by Invitation only.

- Tip Top Dance Company (K-2<sup>nd</sup> grade)
- Elevation Dance Company (3<sup>rd</sup>-5<sup>th</sup> grade)
- Peak Dance Company (6<sup>th</sup> grade and up)
- Mountain Dance Company (6<sup>th</sup> grade and up)

Perform in Nutcracker with a Twist, Disney Dances & More!



progressive setting where gymnasts develop strength, flexibility and fundamental skills all within a safe, structured and fun atmosphere.

















